

Sports Leagues



Volleyball

Open gym for adults only will be on the following dates in January: 4, 13, 20 & 25 from 7:00 to 9:00 p.m. at the West Sedona School Gym.

In February, open gym will be Tuesdays & Thursdays from 7:00 to 9:00 p.m. to prepare for the league.

\$2.50 admission fee.

16 & 17 year olds permitted to play with a signed parental consent form. *For the safety of everyone involved, no one under the age of 16 will be allowed to participate. 16 & 17 year olds will need parent/guardian signed "holds harmless agreement" to participate.*

League play begins **March 1** and runs through **April 28.**

Registration Dates:

February 1-15

Team fee of \$425.00 will be due no later than 8:00 p.m. February 15.

LATE REGISTRATIONS WILL NOT BE

ACCEPTED

LOOK FOR THE NEW & IMPROVED VOLLEYBALL LEAGUE STARTING FALL OF 2005

ADULT FLAG FOOTBALL

The adult flag football league is back in the fall! Get your teams together early and be ready to play fall football. Registration will begin in August with the preseason in September. Games will be on Sundays throughout September, October, and November with the tournament in December. Registration fees are \$375.00 per team. 16 & 17 year olds can play with a parent/legal guardian signed waiver. For the safety of all involved, no one under the age of 16 will be permitted to play.



CITY LEAGUE ADULT SOFTBALL

SEASON PLAY BEGINS MAY 3

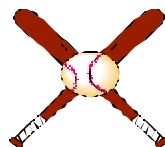
COMPETITIVE LEAGUE:

TUESDAY & THURSDAY NIGHTS

LEISURE LEAGUE:

WEDNESDAY NIGHTS

CO-ED TEAMS WELCOME



Game times are 7:00 & 8:15 p.m. at the Posse Ground Softball Park

Each league runs for 8 to 10 weeks depending on the number of teams that register. Leagues must have a minimum of four teams registered to play. Teams must have a minimum of 12 players on their rosters.

The league format for the competitive league includes two rounds of play with results seeding a double elimination tournament. Final standings and awards will be determined by tournament results. First and second place sponsors receive trophies.

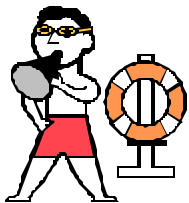


Competitive league team fee:
\$425.00 per team

Leisure league team fee:
\$375.00 per team

Registration begins March 18 and runs through April 22!

Late registration will not be accepted!



Sedona Parks and Recreation Wants You!!

Are you looking for a fun and challenging summer job? Have you always wanted to be part of a team?

Do you want to learn how to save lives in the water? Then look no further!!!

Sedona Parks and Recreation is actively seeking summer employment at the Sedona Community Pool. If you are at least 15 years or older and interested in becoming a lifeguard or swim lesson instructor please call Kris at the Parks and Recreation office (928) 204-7161.

All ages welcome

Ask us about our new and exciting programs for seniors

The Recreation Department is currently looking for individuals who would like to help the community by getting involved with our recreation programs.

Hiring for Softball, Volleyball, and Football

Great job in a fun atmosphere, whether it is a first-time job or to supplement your income.
Evening hours during softball and volleyball seasons.
Sunday mornings during football season. Must be able to work entire season.

Volleyball runs from February through April

Softball runs from May through August

Football runs from September through November

Contract officials needed for Softball, Volleyball, and Football

Contact Parks and Recreation Office for contract details.
282-7098



Interested in Volunteering Some Time?

The Recreation Department is always interested in volunteers to help run various programs. Please contact Sedona Parks and Recreation for an application and more information.



Golden Instructor Program



A new program for the 2005 season is the "Golden Instructor" program. This new program utilizes senior citizen volunteers to help with competitive teams and swim lessons.



The program provides a cross-generational opportunity for lifeguards and senior volunteers to work together and learn from each other.



Training and t-shirts provided.
For more information, contact Kris Billington at 204-7161



COOL! BE A JR. LIFEGUARD

The **Sedona Community Pool Jr. Guard** program begins June 6, on the pool deck, at 1:00 p.m. This unique program focuses on training youth participants, ages 11-14, in various aspects involved in safety, aquatics, and employment. This program runs for 6 weeks or more depending on individual interests. Anyone meeting the age criteria is eligible for this program.

Community service too!

Junior guards sign up as volunteers to help the senior guards. Junior guards are scheduled shift hours and are assigned to a senior guard team. Once they are off shift, they attend training for customer service, cash handling, maintenance, pool chemical understanding and more. They repeat this once a week and learn something new every shift.

SEDONA COMMUNITY POOL



Swim Lesson Sign Ups Begin May 28

at the Sedona Community Swimming Pool.

Classes include: Parent Tot (Mommy, Daddy and me) for tots 6 months to 3 years old, Pollywogs, Guppies, Minnows, Sharks, Starfish, Stingray and Precompetition Classes.

Sign ups start at 10:00 a.m. and are on a first come/first serve basis. No early registration is available. **Registrations are taken in person at the pool only.**



Kids of all ages can learn to swim. Have fun in public classes or sign up for private instruction. Learn to swim the American Red Cross way...the safe way! Certified Water Safety Instructors will hold classes for beginning, intermediate, and precompetition swimmers. Morning classes are available all summer. Evening classes are available until the monsoon season begins.

Sign ups are on a first come/first serve basis. Payment is required to reserve class space. Sign ups for each session begin one week prior to the session you are registering for. Sorry, no refunds or transfers are available after you have reserved your space. First session sign ups start at 10:00 a.m. on May 28. All other sessions sign ups start at 11:30 a.m.

2005 Learn To Swim Session Dates Are:

<u>Sign up Start</u>		<u>Session Dates</u>
May 28	Session #1	June 6-16
June 11	Session #2	June 20-30
June 25	Session #3	July 11-21
July 16	Session #4	July 25-Aug. 4

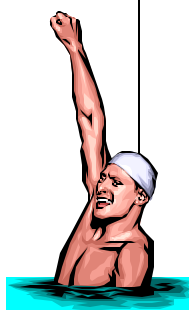
Classes are 1/2 hour M,T,W, and TH. Sessions are two weeks long. The pool is an outdoor pool therefore classes will not be made up for cancellations due to inclement weather. Schedule is subject to change due to special events and demand.

More information/ request a pool brochure 282 -7098

SPECIAL OLYMPICS 2005

The Yavapai Area Special Olympics Aquatics Competition will be taking place at one of the Verde Valley area pools late in August. Sedona athletes will train at the Sedona pool for the three months leading up to the competition. The athletes from Sedona and the Verde Valley area then compete in a regional Special Olympics event.

Our Yavapai athletes go on to compete in the Arizona State Special Olympics hosted by Scottsdale Parks and Recreation. If you would like to volunteer to help with this very special event, call the Recreation Office at 204-7161, or visit us at the pool during the summer.



Sedona Community Pool

Dates to Remember

May 1st—Pool Opens for Pre-Season Activities

May 28th—Community Water Safety Day

***Swim Lesson Sign Ups**

10 a.m.-noon

***Free Adult Lap Swim**

11:30-1 p.m.

***Free Recreation swim**

1:00-4 p.m.

4th Of July— Dinosaur Egg Hunt & Watermelon Feed (fee)

Aug. 27th— Special Olympics—
Yavapai area swim meet



The Sedona Community Pool is a safety-first aquatics facility. Non swimmer classes have passing criteria based on American Red Cross national standards. Our instructors use this criteria to pass students from one skill level class into higher level classes. If you have any questions regarding passing criteria, please feel free to talk to management.



Red Rockin' Recreation



Volume 9 Issue 1



City Manager

Eric Levitt

Director of Community Services

Marie Brown

Recreation Staff

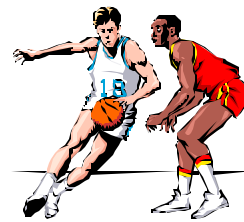
Recreation Coordinator

Kris Billington

- Aquatics Programs
- Recreation Programs
- Senior "Golden Instructor Program"

Phone: 282-7098

Pool (in season) 282-0112



Administrative Assistant

Jan Ryer

- Park and Field Reservations
- Ramada Rentals
- Custodial Management
- General Program Information

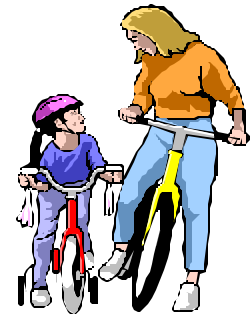
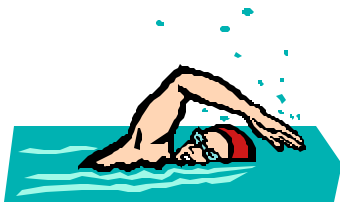
Park Staff

Park Maintenance Supervisor

Warren Parker

Park Maintenance Workers

Bob Copeland
Joe Spence



Sedona Parks

- * Posse Grounds Park
- * Sunset Park
- * Jordan Historical Park



- * Jamesen Pocket Park
- * Greyback Pocket Park
- * Arroyo Pinion Botanical Gardens

- * Jack Malmgren Skateboard Park

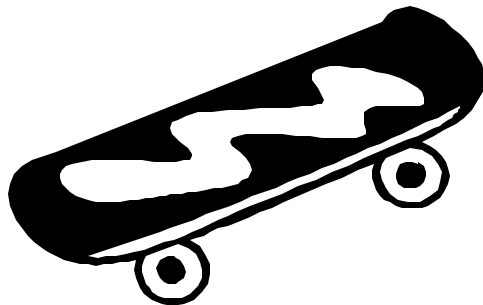
RECREATION FOR KIDS



JACK MALMGREN MEMORIAL SKATEBOARD PARK

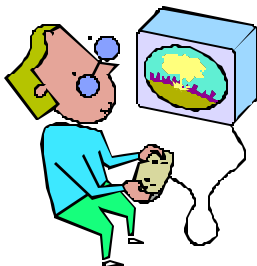


The skateboard park is located next to the Sedona Teen Center on Posse Grounds Road. There are two bowls for skaters and a viewing area for parents and spectators. The park is open from dawn to dusk, seven days a week, except during inclement weather. The park is a memorial to Jack Malmgren, a Sedona citizen, and a member of the Sedona Community Park Group, who dedicated much of his time, energy, and funds to developing Posse Grounds Park.



Sedona Teen Center

In August of 2002, the Boys and Girls Clubs of Northern AZ opened, and now manages, the Sedona Teen Center. Programs for teens are implemented on both a local and national level. As of August 2004, the Boys and Girls Club is leasing the Sedona Teen Center directly from the City of Sedona. For more information on the Sedona Teen Center, please phone **928-203-9919**



You Yo-Yo?

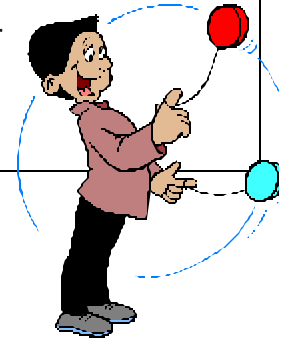
Come to the recreation room Friday afternoons from 3:30 to 5:00 and learn 54 different tricks!

Michael Steele, yo-yo guru is the instructor. For \$2.00 per class you can learn to master the yo-yo!

These classes are for ages 8 and up.

For more information call

Michael Steele at 634-7985



Beverly Coleman Tennis Academy

The Beverly Coleman Tennis

Academy (BCTA) is a non-profit tennis academy, partnering with the City of Sedona Parks and Recreation, to offer the local youth of the community first-rate tennis instruction and an athletic training program. BCTA is committed to developing some of the best junior players in Arizona. Tennis should be fun and recreational, so BCTA programs are designed to support their motto: "friendship, fun, fitness, and creative learning through tennis". For more information about BCTA, contact Beverly Coleman at **928-204-9233**. Or check out the website at

www.sedonatennis.com

